



SHARE THE *Dignity*

Access to sanitary items is a right, NOT A PRIVILEGE.
Help us give them the dignity they deserve.

#ITSINtheBAG #ITSINtheBAG #ITSINtheBAG #ITSINtheBAG
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for the *teenagers*

Bring a bag containing:

Essential pack
including shampoo & conditioner, bodywash, deodorant, toothbrush, toothpaste, and period products.

for all the *women*

Bring a bag containing:

Essential pack & a special gift
such as stationary, jewellery, perfume, or sunglasses

for the *mothers*

Bring a handbag containing:

Essential pack, a special gift & a nappy Bag
including nappies, wipes, bath wash and dummies

